



# QATAR INTERNATIONAL DIABETES CONGRESS

19 - 20 NOVEMBER 2021

VIRTUAL CONFERENCE & EXHIBITION



Access to Diabetes Care

## Congress Chairman



**Abdulla Al Hamaq,**

MPH, PhD, FRSPH, Executive Director, **Qatar Diabetes Association- Qatar Foundation**

## Scientific Committee Chair



**Mahmoud Ali Zirie,**

MBBS, FACP, FACE, Director of **National Diabetes Center - HGH**, Chairman-Scientific Committee - **QDA, Hamad Medical Corporation, Qatar**

## Key Benefits of Attending:

- > **Connecting** policy makers and major stakeholders to create new policies and strategies for preventing and controlling diabetes
- > **Reviewing** advanced technologies for treatment of diabetes
- > **Reviewing** innovative approaches to managing the complications of diabetes
- > **Discussing** cutting edge advancements in drugs research and surgical innovations
- > **Exploring** novel therapies in diabetes treatment
- > **Understanding** the genetics of diabetes
- > **Obtaining** CME accreditation by attending this congress
- > **Learning** from an outstanding speaker faculty featuring more than 30 experts from key hospitals in the region

## ORGANIZED BY



الجمعية القطرية للسكري  
Qatar Diabetes Association

Member of Qatar Foundation

## SUPPORTING PARTNER



DIABETES ASIA STUDY GROUP

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For more information or to register +971 4 361 9616



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## Speaker Faculty:



**Abdulla Al-Hamaq,**  
MPH, PhD, Executive Director, **Qatar Diabetes Association- Qatar Foundation, Qatar**



**Abdul Badi Abou Samra,**  
MD, PHD, Chief Quality Officer, **Hamad Medical Corporation, Qatar**



**Adel A El Sayed,**  
Prof. of Internal Medicine and Diabetes, President of **the Egyptian NCD Alliance EgNCDA.**, Ex IDF MENA Regional Chair, **Egypt**



**Amin Jayyousi,**  
MD, Senior Consultant, Endocrine and Diabetes, **Hamad Medical Cooperation, Qatar**



**Ebaa Al Ozairi,**  
BMSc(hons), MBChB, MRCP(UK), CCT(UK), FACN, American Board Of Physician Nutrition Specialist, Immediate Past President of **American Association of Clinical Endocrinologist**, Gulf Chapter, Former Fulbright Scholar-**Harvard Medical School**, Consultant Diabetes, Endocrinology and Nutrition, Chief Medical Officer, **Dasman Diabetes Institute, Kuwait**



**Essam Ruagh,**  
MB BCh, FRCOphth, CCT-UK, Consultant Ophthalmologist, Vitreoretinal Surgeon, **Magrabi Eye Centre - Doha, Qatar**



**Jamal BELKHADIR,**  
President of **the Moroccan League for the Fight against Diabetes**, Chairman of **IDF MENA Region**, Specialist in Endocrinology and Metabolic Diseases, **Morocco**



**Hashim Elsayed,**  
Diabetes and Family medicine, **Qatar**



**Mahmoud Ali Zirie,**  
MBBS, FACP, FACE, Director of National Diabetes Center - HGH, Chairman-Scientific Committee - **QDA, Hamad Medical Corporation, Qatar**



**Mesbah Kamel,**  
Consultant Internal medicine and Endocrinology, **Minia University, Cairo**, President - Diabetes in Asia Group (DASG), Member of Diabetes and Ramadan International Alliance DAR



**Mohammed Bashir,**  
MB BS, MD(Res-Dublin), MRCPI, Senior Consultant Endocrine Medicine, **Hamad Medical, Qatar**



**Mohan,**  
M.D., FRCP (London, Edinburgh, Glasgow, Ireland), Ph.D., D.Sc., D.Sc (Hon. Causa), FNASc, FASc, FNA, FACP, FACE, FTWAS, MACP, Diabetologist, Chairman & Chief of Diabetology, **Dr. Mohan's Diabetes Specialities Centre, WHO Collaborating Centre for Noncommunicable Diseases & IDF Centre of Education, India**



**Mohsen Eledrisi,**  
MD, FACE, FACP, Senior Consultant Physician, **Hamad Medical Corporation, Qatar**



**Muhammad Abdul-Ghani,**  
MD, PhD, Professor of Medicine, **University of Texas Health Science Center, SanAntonio, USA**

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## Speaker Faculty:



**Rayaz Malik,**  
MBChB, FRCP, PhD, Professor of  
Medicine and Senior Consultant  
Physician, **Weill Cornell Medicine**  
-Qatar, Qatar



**Shahrad Taheri,**  
MB BS, PhD, Professor of Medicine,  
**Weill Cornell Medicine, Qatar**



**Tarik A K A Elhadd,**  
MD FRCP, Secretary General, **Gulf**  
**Association of Endocrinology &**  
**Diabetes**, Senior Consultant  
Endocrinologist, Department of Medicine,  
**Hamad Medical Corporation, Qatar**



**Wajeeha Abuhelaiqa,**  
MD, Senior consultant in Endocrinology,  
**Hamad Medical Corporation, Qatar**



**Yasser Morsy,**  
PhD, MSc, BPS, BCACP, FCCP, Assistant  
Clinical Professor at the **University of**  
**Colorado Skaggs School of Pharmacy**  
**and Pharmaceutical Sciences**  
**CUSSPPS** , USA, Senior Clinical Trainer,  
**Primary Health Care Corporation, Qatar**



**Zaman Shaikh,**  
M.B.B.S., F.C.P.S, M.R.C.P. (UK), F.R.C.P.,  
**MSC Diabetes & Endocrinology Glasgow**  
**University**, Director, **Sir Syed Institute of**  
**Diabetes & Endocrinology (SSIDE)**,  
Professor of Medicine & HOD, **Sir Syed**  
**College of Medical Sciences Karachi,**  
**Pakistan**

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## Overview:

Diabetes is a devastating disease that poses severe risks and costs for the healthcare community.

**The International Diabetes Federation** estimates that the number of diabetics globally will reach 592 million by 2035. The financial burden on the healthcare system is substantial, with estimated costs of diabetes related complications accounting for up to 11% of total global healthcare spending.

This congress is the region's premier event connecting together policy makers, diabetes experts, researchers to exchange knowledge, generate new ideas that will foster the advancement in prevention and control of diabetes in the region.

We look forward to welcoming you to **the Qatar International Diabetes Congress**.

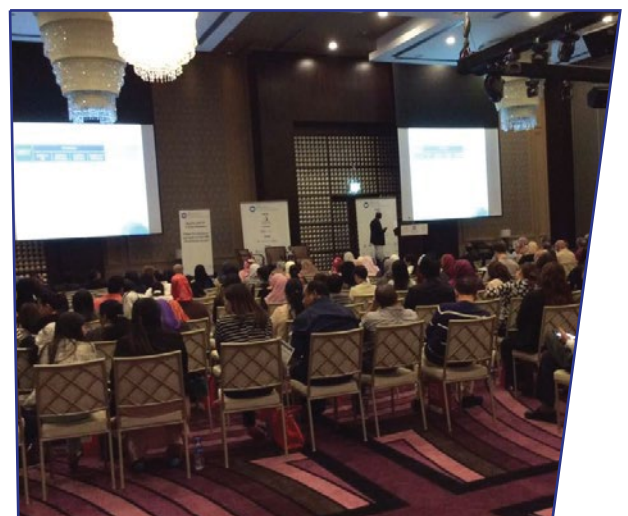
## Who will you meet?

**Healthcare professionals responsible for managing people with diabetes including:**

- Heads of Diabetes
- Diabetologists
- Endocrinologists
- Internal medicine specialists
- Diabetes Educators
- Paediatric endocrinologists

**Other Specialists:**

- Podiatrist
- Neurologist
- Nephrologist
- Ophthalmologist
- Cardiologist
- General Practitioners
- Paediatricians
- Gynecologists
- Oncologists
- Diabetes Educators
- Family Physicians
- Clinical Researchers
- Allied Healthcare Professionals
- Nutritionists



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## Congress Day One, Friday, 19 November 2021, Qatar Time

- 15:00 Welcome note from the congress chairman & opening  
**Dr. Abdulla Al Hamaq**
- 15:05 Introduction from Marafaa Management  
**Dr. Doaa Said**

### Session 1 Moderator: Dr. Abdulla Al Hamaq

- 15:10 The importance of not diagnosing everyone with either Type 1 or type 2 diabetes  
**Prof. Rayaz Malik**
- 15:30 **Merck Symposium: Hearts in Overdrive "Conquer Your Heart"**
- 15:50 Pre-diabetes in Qatar  
**Prof. Abdul Badi Abou Samra**
- 16:10 Establishing diabetes clinic in remote area in Minia Egypt  
**Prof. Mesbah Kamel**
- 16:30 **Sanofi Pasteur Symposium: Xfluenza ... Excluding flu from diabetes complications**
- 17:00 **Magrib Prayer & Exhibition Booth visit**

### Session 2 Moderator: Dr. Mahmoud Zirie

- 17:30 **Lilly Symposium**
- 18:00 Improve Type 2 diabetes patient health outcome with individualized approach  
**Dr. Amin Jayyousi**
- 18:20 Management of diabetic ketoacidosis in special populations  
**Dr. Mohsen Eldrisi**
- 18:40 Access to new antidiabetic medications in primary care  
**Dr. Yasser Morsy**
- 19:00 Access to diabetes care in the covid era  
**Dr. Adel Elsayed**
- 19:20 The practical approach to the patient with complex diabetes in Ramadan: the perspective of access of care  
**Dr. Tarik Elhadd**
- 19:40 Managing chronic Diabetic foot ulcers at primary care level : a new paradigm  
**Dr. Hashim Elsayed**
- 20:00 Topic : TBA  
**Dr. Essam Ruagh**
- 20:20 **Company Symposium**
- 20:50 **Session End & Exhibition Booth Visit**

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Session 1  
Moderator:

- 14:00 **Company Symposium**
- 14:30 Topic : TBA  
**Dr. Ebaa AIOzairi**
- 14:50 PCOS (Poly Cystic Ovarian Syndrome)  
**Dr. Zaman Shaikh**
- 15:10 **ASER Prayer & Exhibition Booth visit**
- 15:30 **Merck Symposium: Type II Diabetes Continuum: The Right Start Changes Your Patient's Future**
- 16:00 Using Telemedicine to improve access to Diabetes care in Remote areas in India  
**Dr. V.Mohan**
- 16:20 Should we start treating diabetes or continue lowering blood sugar only?  
**Dr. Muhammad Abdulghani**
- 16:40 Diabetes remission – outcomes beyond glycaemic control  
**Dr. Shahrads Taheri**
- 17:00 **Magrib Prayer & Exhibition Booth visit**

Session 2  
Moderator: Dr. Najaty Besiso

- 17:30 Topic : TBA  
**Prof. Jamal Belkhadir**
- 17:50 Beyond the HbA1C Control , how to protect forward from type 2 DM complications  
**Dr. Amin Jayyousi**
- 18:10 Clinical inertia in DM-2; the multifaceted enemy  
**Dr. Mohammed Bashir**
- 18:30 **Company Symposium**
- 19:00 Management diabetes with obesity  
**Dr. Wajeha Abuheliqa**
- 19:20 **Session End & Exhibition Booth Visit**

